

Isn't All Dentistry Cosmetic?

In the last ten years we have been bombarded with the “cosmetic dentistry” revolution. What exactly is it? Isn't all dentistry cosmetic? Do you ever go to the dentist and say, “Can you please make that crown ugly?” or “I would prefer the black filling over the white one”. Regardless of whether you are having veneers done for smile enhancement or a filling done on a back tooth, in 2006, the goal should be a long-lasting restoration that is also natural looking.

What about all the dentists out there who advertise as “Cosmetic Dentists”? I think every dentist is a cosmetic dentist, although there are definitely varying degrees of talent and services provided of both dentists and dental labs. If you needed any dental work done that involves your front teeth, I would assume you would want it to enhance the way you smiled. I have never had anyone say to me, who is truly in “need” of dentistry on their front teeth, “I understand I need this treatment. I guess we should make my teeth look the same or worse than they did.”

Cosmetic or Esthetic Dentistry, either “needed”, “wanted”, or both, can have a profound effect on your smile, making most people feel more confident about their appearance. Karen (pictured below) had some “tired” dentistry that was in “need” of replacement and also “wanted” to improve her smile. She deals with the public every day with her personal training business in Newburyport, MA (978)502-9890. The outcome – “I am a fairly upbeat, positive, happy person but have always been self-conscious about my smile because I didn't like the way my teeth looked. I love what Dr. St. Clair has done for me and for my smile – I feel so good about myself and love that I can smile naturally without holding back.”



Whether it is one tooth, all your teeth, a front tooth or back tooth – they should all look good!

Dr. St. Clair is a graduate of Tufts University School of Dental Medicine and maintains a private practice in Rowley dedicated to comprehensive health-centered dentistry. He can be contacted through his website at www.dentalhealthforlife.com.

